

“Reminding yourself
that there’s better
things out there.
There’s a life and
if you want it you
can get it.”

Wade


**NOT OUR
WAY**

**DRUGS DON'T HAVE TO BE
ILLEGAL TO BE LETHAL**

For more information and resources go to
www.police.nsw.gov.au/notourway

Who can our mob call?

Alcohol and Drug Information Service (ADIS).
You can call ADIS any time of the day or week
for support, information, advice, crisis counselling
and referral to services in NSW. ADIS counsellors
understand the difficulties of finding appropriate
drug and alcohol treatment and use their
knowledge and experience to assist you.

 **Tel:** 02 9361 8000 (Sydney)
or free call: 1800 422 599
(For NSW regional and rural callers)
A 24-hour confidential information,
advice and referral telephone service.

 [#NotOurWay](https://www.facebook.com/NotOurWay)



NSW Police Force