



ALL INFORMATION GATHERED WILL  
REMAIN PRIVATE AND CONFIDENTIAL



NSW Police Force

PSO'S ARE NOT COUNSELLORS OR  
MEDICAL HEALTH PRACTITIONERS



NSW Police Force



## PEER SUPPORT OFFICERS

- ✓ SPONSORED BY HUMAN RESOURCES COMMAND
- ✓ CONFIDENTIAL
- ✓ IN EVERY WORKPLACE
- ✓ TRAINED PEER SUPPORT OFFICERS

## BECOMING A PSO

- There are over 1,000 PSOs
- We always need more PSOs
- Both sworn and unsworn employees can apply
- Make an application to become a PSO through the SAP Portal, Peer Support Officer
- A peer review will confirm your suitability
- You will be invited to enter the training program

## WHAT DO PEER SUPPORT OFFICERS DO?

Peer support officers are trained to:

- Recognise colleagues who could benefit from counselling
- Support colleagues on long term sick leave
- Listen to colleagues concerns
- Connect colleagues to appropriate assistance and resources for additional support



## WHAT ARE THE BENEFITS OF PEER SUPPORT OFFICERS?

- Someone to listen
- Someone to understand
- Help gain access to the resources you need
- Provide assistance during and after times of personal or professional stress
- Provide immediate support during and after potentially distressing events
- Assist with facilitating on site incident support
- Liaison with support services to ensure all staff access support if required
- Potential to provide support at Coronial Inquests or other court matters
- Provide support for individual's undergoing workplace performance reviews