



NSW Police Force

Abuse of older people and people with disability

Together we can stop it



How to use this fact sheet



The NSW Police Force and the NSW Government wrote this fact sheet.



We wrote this fact sheet in an easy to read way.

We use pictures to explain some ideas.



You can ask for help to read this fact sheet.

A friend, family member or support person may be able to help you.



This fact sheet talks about abuse.

We explain abuse on the next page.

It can be very hard to read about, or talk about, abuse.



Reading or talking about abuse might upset some people.



We want you to feel:

- safe
- supported.

What is abuse?



Abuse is when someone:

- hurts you
- treats you very badly.



Abuse can be different for different people.

It might be when someone:



- hurts you physically



- controls your money or what you do with it



- makes you sign something you don't want to



- makes you feel unsafe



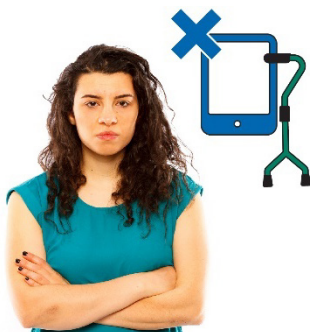
- touches you when you don't want them to



- hurts your assistance animal



- breaks a device that you need to use every day



- doesn't let you have a device that you need to use every day.

It might be abuse if someone doesn't let you have things you need like:



- food
- clothes
- medicine
- medical care
- a home.

It might be abuse if someone stops you from seeing:



- friends
- family.

It might be abuse if someone says they will:



- leave you
- send you away.

It is not ok to abuse anyone, including:



- older people
- people with disability.



We can stop abuse if we all work together.

Who can I talk to?

You should tell someone about abuse if it happens to:



- you
- someone you know.

You should call the police if:



- you are in danger
- someone else is in danger
- you need help straight away.



Call Triple Zero and ask for the police.

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If you don't need help straight away, call the Police Assistance Line.

131 444



You can also call Crime Stoppers and give them information about abuse.

1800 333 000

You don't need to tell them your name.



You can call the NSW Ageing and Disability Abuse Helpline:

- for information or support
- to find out who else you can talk to about the abuse.

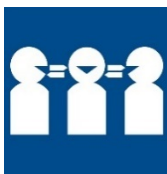
1800 628 221

If you need support to communicate, you can call:



National Relay Service

1800 555 660



Translating and Interpreter Service (TIS)

131 450



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