



## NSW POLICE FORCE ALCOHOL STRATEGY

2019-2026



## **Document Control Sheet**

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## **HELP AND SUPPORT**



The Alcohol and Drug Information Service (ADIS) provides confidential and anonymous telephone counselling and information for individuals, parents and concerned others.

ADIS can undertake telephone assessments, provide information about the effects of specific drugs and provide advice on various treatment options. They can also help clients contact the best service for their needs.

ADIS is available 24 hours, seven days a week by calling 1800 250 015 (free call).

## FOREWORD COMMISSIONER OF POLICE



Karen Webb APM Commissioner of Police

The NSW Police Force Alcohol Strategy 2019-2026 will direct the NSW Police Force activities in responding to alcohol-related crime and harm to ensure our efforts are coordinated and effective in achieving the best outcomes for the community.

The NSW Police Force is striving to create a community in which the people of NSW feel safe - one in which they feel able to fully participate without fear of harm, intimidation, or confrontation. The excessive consumption of alcohol poses a risk in meeting this objective. I am therefore committed to continuing to work in partnership with other agencies and stakeholders, including industry, to reduce alcohol-related crime and its impact on the community.

Our efforts to date have already resulted in significant reductions in alcohol-related crime, particularly in the areas of assault, domestic violence and street offences. Partnership, I believe, has been essential and remains the key to our continued progress.

While enforcement activities are central to any effort to reduce alcohol misuse, there needs to be a greater emphasis on prevention and personal responsibility. We need to heighten community awareness about the consequences of harmful alcohol consumption so that we might challenge the existing tolerance of 'excessive drinking' and empower individuals and communities to play their part in reducing alcohol use and harm.

We will continue to build the capability of our police and to work proactively with partner agencies and communities to prevent alcohol misuse, disrupt the inappropriate and unlawful supply of alcohol, and deliver professional and appropriate responses to alcohol-related incidents.

The strategy builds on our achievements and reaffirms our commitment to creating a safe and secure NSW free from alcohol-related crime and harm.

## CORPORATE SPONSOR MESSAGE



David Waddell APM
Corporate Sponsor for
Alcohol Related Crime

As the Corporate Sponsor for Alcohol Related Crime, I am proud to ambassador the NSW Police Force Alcohol Strategy for 2019 to 2026. The strategy outlines the NSW Police Force approach to tackling alcohol related crime and the harm caused by its use, in consultation with our partners.

The commitment of the NSW Police Force to public safety, including the protection of individuals and communities from the harms associated with alcohol misuse is evidenced in the results we have achieved. Because of your efforts we have continued to see reductions in alcohol-related crime, harm, and violence, particularly in and around our entertainment precincts.

I believe our commitment to working in partnership with communities, partner agencies and industry bodies and our proactive approach towards improving business practice and enforcing licensing laws has contributed to this reduction. However, alcohol remains a primary focus for the NSW Police Force as it remains the most widely used drug in our communities, where excess use can lead to an increased risk of harm and violence.

The strategy builds on our successes by continuing to enforce liquor licensing legislation

and working with the industry to further improve business practice.

We will continue to focus our efforts on prevention and early intervention initiatives promoting safe consumption, reducing alcohol- related harms, and diverting victims and offenders to appropriate service providers. Importantly we will continue to develop our workforce capability and expertise of alcohol-related crime.

Our efforts must target the impact of alcohol related crime on our most vulnerable communities, including our youth and First Nations people. We must persist in reducing the impact on these communities, via prevention, disruption, and response policing activities.

The NSW Police Force has a strong leadership structure to drive the delivery of these strategies and respond to any emerging issues as they arise.

As the Corporate Sponsor for Alcohol Related Crime, I am committed to making a difference. I believe if we embrace the strategy, we will continue to see reductions in alcohol-related crime and harm.

## POLICING ALCOHOL-RELATED CRIME

## **THE VISION**

A safe and secure NSW free from alcohol-related crime.

### **PURPOSE**

The NSW Police Force Alcohol Strategy 2019-2026 (the strategy) reaffirms the commitment of the NSW Police Force (NSWPF) to reducing alcohol-related crime and harm. It provides direction and focus for policing responses into the future and will build on the already substantial efforts and responses of the police.

### THE APPROACH

In working to reduce crime and recidivism (repeat offending) and to build community safety and confidence, the NSWPF has identified four corporate areas of strategic focus-prevention, disruption, response, and capability.

Police recognise the strategic significance of **prevention-based** actions in reducing future alcohol-related harm, including crime and recidivism. Effective prevention activities include building community and individual resilience, and intervening early to divert minor offenders and 'at risk' groups from the criminal justice system.

Disruption of the irresponsible and unlawful supply of alcohol is the core business of the NSWPF. Activities include targeting those business models that facilitate harmful consumption and working collaboratively with industry and partner agencies to promote safer drinking environments.

The police **response** to alcohol-related incidents needs to be appropriate and proportionate. The community expects police to take strong action against those who are promoting or engaging in irresponsible drinking practices which pose a risk to others or themselves. At the same time, police are responsible for protecting all people, including those who are alcohol-affected and are at increased risk of harm. The NSWPF powers and the available legislation must continue to be used appropriately to hold individuals to account while also supporting victims and vulnerable people as appropriate.

The extent to which the NSWPF can continue to effectively address alcohol misuse is dependent on the **capability** of its workforce. Critical to the leadership provided by the strategy, is ensuring police are appropriately trained and have the required skill sets, supported by efficient systems and up-to-date technology to enable NSWPF to implement the strategy.

# PRINCIPLES UNDERPINNING THE STRATEGY



The NSWPF is committed to working with government agencies, industry, and the community to deliver better outcomes recognising that the misuse of alcohol is everyone's responsibility and that collectively we can achieve more.



The NSWPF acknowledges the relevance of the three pillars of harm minimisation - demand, supply, and harm reduction - and the important role police play in all three. Harm minimisation will continue to guide and underpin our operational and policy response to alcohol-related crime and harm in line with our commitment to the National Drug Strategy.



Fundamental to the NSWPF response and the strategy is the capacity to be flexible and responsive to local needs. One size does not necessarily fit all, and we will work with key stakeholders and communities in finding local solutions to local problems. The NSWPF will monitor changes to the alcohol environment and markets ensuring that as new risks, challenges, and evidence emerges, its response is agile, innovative, and effective.



The NSWPF will continue to base policy and operational decisions on current and reliable evidence wherever possible. Where evidence does not exist, the NSWPF will rely on the best available data and the experience and expertise of its police. We will continue to monitor and review our performance against the strategy to ensure it is achieving the desired outcomes and, importantly, to inform future policy and practice.

# ALCOHOL-RELATED CRIME AND HARM: THE ENVIRONMENT

The consumption of alcohol is a well-embedded and accepted feature of Australian culture, with three in four people (69%) aged 14 years or more reporting having consumed alcohol in the previous 12 months.<sup>1</sup> Australia's per capita consumption of alcohol is ranked tenth in the world and highest amongst English speaking countries, ahead of Great Britain (14), Canada (32) and the USA (39), according to a World Health Organisation report.<sup>2</sup>

The majority of those who drink, however, do so responsibly and there are indications of positive changes in consumption patterns. Findings from the 2022-2023 National Drug Strategy Household Survey (NDSHS)<sup>3</sup> indicate that there has been a decline in the prevalence of lifetime risky drinking, particularly in remote and very remote areas and for Aboriginal people. Further, young people are increasingly abstaining and refraining from single occasion risky drinking. For healthy men and women, drinking no more than four standard drinks on any day reduces the lifetime risk of harm from alcohol-related disease or injury.

While these trends are encouraging, in NSW many people still engage in risky drinking behaviour. In 2023-2024, of those who reported drinking alcohol within the previous year, 24% reported drinking four or more standard drinks at least monthly, similar to 2019 (25%) but down from 2010 (29%).<sup>4</sup> Alcohol misuse has a significant impact with the potential to affect many people regardless of their age, gender, socioeconomic status or whether or not they themselves drink. The misuse of alcohol impacts adversely on a broad range of health, social and economic outcomes which also contribute to alcohol misuse, creating a self-perpetuating cycle of increased alcohol consumption and harm, including crime.

The excessive consumption of alcohol is implicated in violent offending including domestic violence, sexual assault, homicide, road trauma, and a range of antisocial behaviours, which reduces public

**26%** of adult sexual assaults involved alcohol

**36%** of non-domestic violence assaults involved alcohol

25% of domestic violence related assaults involved alcohol

\* NSWPF data 2023/2024

amenity and can be confronting and intimidating. According to NSWPF data, the economic burden of alcohol misuse on policing resources is substantial, with 7% of all incidents responded to being alcohol related. It also adversely impacts police by exposing them to the grief and trauma associated with violent crimes and places police themselves in harm's way. NSWPF data indicated that between 1 July 2023 and 30 June 2024, the NSWPF responded to 171,221 alcohol-related incidents with alcohol a factor in 25% of domestic violence related assaults, 36% of non-domestic violence related assaults, 26% of adult sexual assaults and 37% of assaults on police.

The burden on vulnerable communities is also significant. While there are less young people

# ALCOHOL-RELATED CRIME AND HARM: THE ENVIRONMENT

choosing to drink, they are more likely than any other group to drink to become intoxicated. The NDSHS found that 42% of people aged 18-24 years drank more than ten standard drinks weekly and/ or drank five or more drinks on a single occasion on at least a monthly basis.<sup>4</sup> Alcohol misuse increases the likelihood that young people will engage in risky behaviour which exposes them to increased risk of injury and harm, including contact with the criminal justice system as either an offender or victim of crime.

Compared to other Australians, a higher proportion of Aboriginal people abstain from alcohol use. However, amongst those who drink, a higher proportion drink at risky levels being almost twice as likely to consume more than 11 standard drinks on a single occasion compared to non-Aboriginal people.<sup>4</sup> This increases their vulnerability and exposure to injury, violence and other harms and adversely impacts their likelihood of being involved in the criminal justice system. In NSW, alcohol attributable hospitalisations of Aboriginal people are twice that of other Australians.<sup>5</sup> Further, NSWPF data suggests that 12% of all intoxicated offenders and 15% of intoxicated victims identified as Aboriginal.

In reducing alcohol-related harm in NSW it is therefore important that police not only reduce the inappropriate and unlawful supply of alcohol but find effective ways of responding to vulnerable communities who are disproportionately impacted by the misuse of alcohol; both their own and that of others in the community.

In NSW **36%** 

of people aged 18-24 years drank more than



## 10 standard drinks



weekly and/or drank 5 or more drinks on a single occasion on at least a monthly basis

\*Australian Institute of Health and Welfare 2024.4

# ALCOHOL-RELATED CRIME AND HARM: THE ENVIRONMENT



Police responded to 171,221 alcohol-related incidents in 2023/2024

\* NSWPF data 2023/2024



of all incidences dealt with by police

\* NSWPF data 2023/2024

almost
4%
of teens

had driven while under the influence of alcohol or drugs in the past year

\* Australian Institute of Family Studies, 2018

370

of all assaults on police

\* NSWPF data 2023/2024

**ALCOHOL** 



**17%** 

of fatal road crashes7

\* NSWPF data 2023/2024

31%

of all assaults (DV and non-DV)

\* NSWPF data 2023/2024





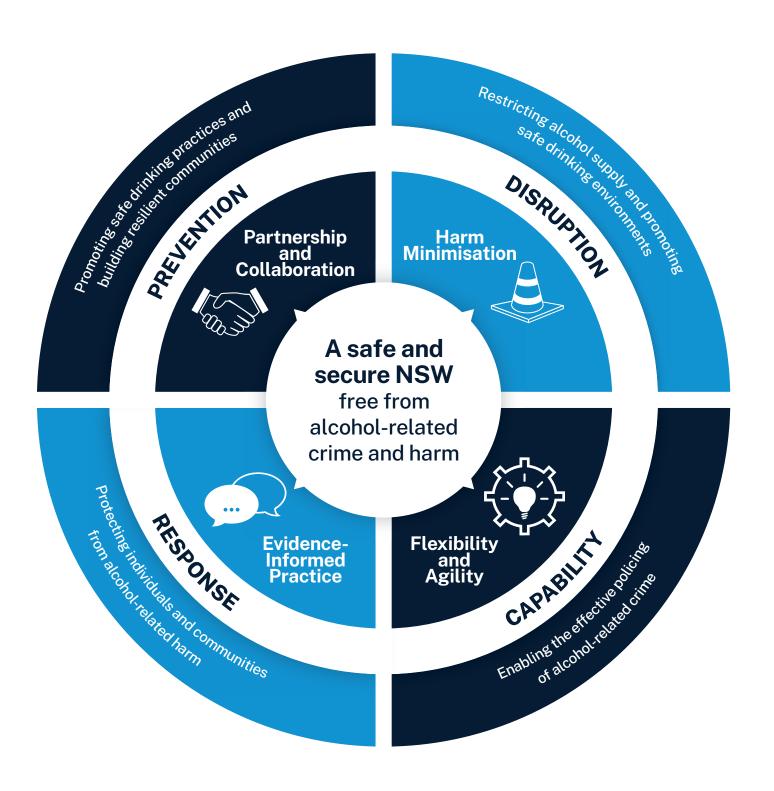
1 in 10

of young people have driven while under the influence of alcohol<sup>6</sup>

\* Australian Institute of Family Studies, 2018



## THE STRATEGY AT A GLANCE



## **PREVENTION**



## Promoting safe drinking practices and building resilient communities

The earlier an individual begins to drink the greater the risk of harm, including their likelihood of offending or becoming a victim of crime. Prevention strategies that delay or prevent harmful drinking practices are a fundamental part of the NSWPF response to alcohol-related crime.

Activities can be directed at a population level, or they can be targeted at those most at risk – both are effective. Those within the community with a greater risk of alcohol misuse and a heightened likelihood of coming to the attention of law enforcement because of their alcohol misuse include all males, young people and Aboriginal people.

Alcohol is a significant factor in the commission of crime, particularly anti-social behaviour and violent crimes, which is why police prevention activities focus on stopping and/or reducing the misuse of alcohol among offenders whose crimes are alcohol related. Police need to; collaborate with licensees and management to ensure improved venue design and management practice are in place; ensure that licences are fit for purpose and complied with; and limit the number of licences in communities already exhibiting high levels of alcohol-related risk and stress. Programs and initiatives to address the underlying alcohol problem are also an effective longer-term strategy for reducing crime and improving public amenity and family safety.

#### **OUR PRIORITIES**

#### **Partnership and Collaboration**

- Develop strong and supportive partnerships with other agencies to prevent the misuse of alcohol.
- Work collaboratively with industry, government agencies and the community to protect high-risk groups and to develop local solutions for local problems.
- Enhance opportunities, and police participation in, alcohol diversionary programs to reduce alcohol-related crime and harm.

#### **Increased Awareness**

- Participate in and support government and interagency campaigns and initiatives aimed at reducing excessive alcohol consumption and alcohol-related harm.
- Provide targeted information and support to 'at risk' groups to prevent and/or delay the uptake of alcohol consumption and to reduce excessive consumption.
- Raise community awareness about the legal consequences associated with the inappropriate provision and consumption of alcohol and to encourage personal responsibility.

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## **DISRUPTION**



## Restricting alcohol supply and promoting safe drinking environments

There is strong evidence that as alcohol availability increases so too does consumption and alcohol-related harms. Availability is typically manipulated through price mechanisms and by regulation. Controlling who can sell alcohol and the conditions under which it can be sold, including the who, what, where and when have been found to be highly effective in reducing violence, traffic fatalities and injuries, rates of hospitalisation and emergency presentations, and underage drinking.

One of the most effective strategies in reducing excessive alcohol consumption and harm, therefore, is the establishment of a strong legal and regulatory framework. The NSWPF plays a significant role in reducing the impact of alcohol misuse on individuals and the community through the enforcement of that legislative framework.

Police can promote safe alcohol consumption practices by working in partnership with licensees and other agencies. Police need to collaborate to ensure improved venue design and management practices are in place, that licences are fit-for-purpose and complied with, and to restrict the number of licences in communities already exhibiting high levels of alcohol-related risk and stress. Recognising the evidence around the relationship between off-licence premises and harmful alcohol use, a key priority in moving forward will be working with other agencies to tackle the increasing challenges posed by packaged liquor outlets, including the growing popularity of online alcohol sales and delivery services.

Ensuring the appropriate and lawful supply of alcohol is therefore a focus of the strategy. Through the enforcement of legislation and regulations, NSWPF in partnership with our regulatory partners and industry, will promote and enable safe drinking environments in line with community expectations.

### **OUR PRIORITIES**

#### Reducing violence and anti-social behaviour

- Maintain a strong enforcement focus on NSW Government priorities and initiatives targeting alcohol-related violence and public amenity.
- Use licensing legislation strategically and appropriately to disrupt unlawful and poor business practices.
- Respond to the emerging challenges associated with packaged liquor outlets, including the online purchase and delivery of alcohol.
- Disrupt business practices which promote excessive alcohol consumption.

#### **Promoting Safe Drinking Environments**

- Support local community stakeholder involvement in licensing processes to ensure business practices reflect community expectations.
- Build strong collaborative partnerships with stakeholders to positively influence management practices and promote safer drinking environments.
- Enhance and strengthening police involvement in the planning of alcohol-related events.
- Promote and enforce the responsible service of alcohol through effective compliance management.

## **RESPONSE**



## Protecting individuals and communities from alcoholrelated harm

Alcohol is a risk factor for a broad range of crimes including antisocial behaviour, drink driving, assaults, sexual assault, domestic violence, child abuse, and homicides. The consumption of alcohol, especially when at high levels, increases the risk of becoming a victim or perpetrator of a (likely violent) crime. Recognition of the significant role that alcohol plays in crime, and acting to prevent further harm, are part of a comprehensive response by police.

It is important to remember that engaging with police can be a significant or defining moment for individuals, bringing their alcohol misuse into focus and motivating them to seek help. Police are well placed to refer both victims and offenders involved in alcohol-related incidents to appropriate services where problematic alcohol use and other associated issues can be managed.

As the government agency most involved in responding to alcohol misuse, police are often the first to recognise emerging issues and risks. We will continue to engage with agencies and communities to advocate for, and support the development of, local solutions to reduce risk and protect communities. We will also maintain our participation and support for effective government harm-reduction initiatives such as random breath testing (RBT).

Minimising the harms associated with the misuse of alcohol is a key focus of the strategy. Understanding and accepting that individuals will continue to drink at levels that place themselves and others at elevated risk, it is essential that police are practical in their responses, employing and participating in demand and harm reduction strategies which mitigate potential risk.

#### **OUR PRIORITIES**

## **Community Safety**

- Deploy intelligence driven RBT operations on our roads and waterways.
- Continue to support effective harm minimisation strategies.
- Monitor changes in alcohol markets and consumption practices to ensure agile and evidenceinformed responses.

### Reducing Vulnerability (Protecting the 'at-risk')

- · Work with partner agencies to support victims impacted by alcohol-related crime.
- Consider offender eligibility for referral to appropriate programs and services.
- Enhance policing responses to the harmful consumption of alcohol by youth.
- Ensure the safety and appropriate management of those affected by alcohol.

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## **CAPABILITY**



## **Enabling the effective policing of alcohol-related crime**

Alcohol-related crime and harm in the community is widespread and has a significant impact on policing resources. According to NSWPF data, 7% of all incidents dealt with by police in 2023-2024 were alcohol related. This is consistent with Donnelly et al. which found that overall 8% of police time was spent dealing with alcohol related incidents.<sup>9</sup>

That study also found that there were variations in the amount of time police spent on alcohol-related crime across NSW. Statewide, a disproportionate amount of time was spent responding to alcohol incidents on weekends when people typically drink, and police in regional areas spent longer on average dealing with alcohol-related crime because of increased rates of use. The study highlighted that a broad range of police are involved in alcohol-related incidents. These are resources being used to respond to preventable risks, anti-social behaviour and crime.

The NSWPF recognises that the outcomes achieved by the strategy will, in part, depend on the capacity of its workforce to respond appropriately and with confidence to alcohol-related crime and harm, engaging in activities across all four areas of strategic focus. Over the life of the strategy it will be important to maintain and enhance specialist liquor licensing skills and capability as well as to enhance officer awareness and knowledge about the impact of alcohol on crime, the options available to them, and the evidence around the most effective policing responses. Capability is not simply about knowledge and skills however, it requires leadership and the strategic deployment of police supported by data, efficient processes and up-to-date technology. Increasing our capacity also requires that police build strong and trusted partnerships with stakeholders and effectively engage with them.

#### **OUR PRIORITIES**

#### **Community Safety**

- · Maintain specialist licensing skills and knowledge.
- Build capability across the NSWPF to enhance our response to the inappropriate and unlawful supply of alcohol.
- Develop greater capability within the NSWPF to respond appropriately to those involved in, and impacted by, alcohol-related crime and harm.

#### **Efficiency**

- Streamline and improve organisational processes/systems involved in responding to alcohol related crime.
- Increase the use of technology to improve police effectiveness and efficiency.

#### Leadership

- Actively collaborate with other government agencies and the community to develop effective responses to prevent and reduce alcohol-related crime and harm.
- Provide leadership in driving, monitoring and supporting the implementation of the strategy.

## IMPLEMENTING THE STRATEGY

This strategy is supported by the Alcohol Strategic Action Plan, which outlines more detailed and specific actions that can be undertaken by police to effectively operationalise the key priorities identified. Importantly, it provides a blueprint for action in a given year or years, as police develop their business plans during the life of the strategy.

As a collective, the NSWPF is responsible for the implementation of the strategy. The actions taken by any one command, however, will be shaped by local circumstances and the command's function within the NSWPF. The policing response across NSW will therefore vary, and no one command will be expected to implement every strategy. Instead, the policing response to alcohol-related crime and harm will be flexible, agile, and targeted as commands tailor their activities to meet their local needs and emerging issues. Every command will however, play its role in creating a safe and secure NSW free from alcohol-related crime and harm.

#### **GOVERNANCE**

The strategy sits within a corporate governance structure headed by the corporate sponsor for alcohol-related crime, who ultimately reports to the Commissioner of Police.

#### **MEASURING SUCCESS**

Measuring the progress being made is important in determining the effectiveness of the strategy and informing future activity. In addition to the health and population indicators identified in the National Alcohol Strategy 2019 - 2028, the NSWPF will also monitor achievements / changes in the incidence and proportion of alcohol-related crime against the following key (crime) indicators:

- All crime
- Assault (non-DV)
- · Domestic Violence
- · Adult sexual assault
- Street offences
- Fatal road crashes
- Crashes resulting in serious injury
- Fatal on water crashes
- Vessel crashes resulting in serious injury

#### As well as:

- Incidents of Prescribed Concentration of Alcohol (PCA) offences on road and water; and
- Community perceptions of safety as measured by 'The National Survey of Community Satisfaction with Policing' and the 'National Drug Strategy Household Survey'.

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