

OTHER SUPPORT SERVICES AVAILABLE

Peer Support Network

Peer Support Officers (PSOs) are volunteers, both sworn and unsworn, who work to help their colleagues.

The State Peer Support Coordinator can be contacted through Workforce Safety.

Chaplaincy

A list of Police Chaplains is available on the Human Resources Intranet or the on-call Chaplain can be contacted through the Duty Operations Inspector (DOI).

Employee Assistance Program (EAP)

The NSW Police Force EAP is a professional, confidential, short term counselling service for NSWPF employees and their immediate family members.

The entitlement is six sessions over a 2 year period for both employees and family members. Immediate access to emergency 24 hour telephone counselling is also available.

Incident Support

Support is freely available to local commands for any deemed critical or other incident that causes undue stress to the police concerned. Available 24 hours.



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WellCheck is...

WellCheck is intended to assist all staff attached to specialist areas or duty types where those duties potentially increase the risk of psychological injury. The program includes both sworn and unsworn staff as well as all ranks within each identified Command.

Once a specialist area or duty type has been identified as sufficiently high risk to warrant WellCheck, participation for all relevant employees is mandatory if they are to remain performing those duties.

WellCheck is a preventative strategy and is not therapy. The WellCheck psychologist is not an advocate for an employee or supervisor in relation to conflict in the workplace or other management based workplace issues. The psychologist's role is to monitor and support employees by assisting individuals' to build on their own coping strategies for use in their work and personal lives.

Early detection and prevention is the key to minimising the impact of psychological difficulties.