



Keeping me Safe

You and your family can do many things
that can help keep you safe

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You and your family can do many things
that can help keep you safe.

Read the questions on the next page and
circle either 'yes' or 'no' as your answer.



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Safety Checklist

- 1 Have you spoken with your parents/guardian about safety rules?
Yes No
- 2 Does your family keep a list of important phone numbers next to the telephone in case of an emergency?
Yes No
- 3 Do you have a safe person you can share any information with about someone or something that makes you feel scared or uncomfortable?
Yes No
- 4 Do you take a friend with you when you go out and play?
Yes No
- 5 Do you know your telephone number, home address, and the full names of your parents/guardians?
Yes No
- 6 Do you have rules for staying at home without your parent/guardian?
Yes No
- 7 Do you always tell your parent/guardian before you go anywhere?
Yes No
- 8 Do you know where the safe places are in your local area?
Yes No

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www.police.nsw.gov.au