

The roads are there for all of us to share. Whether driving for work, on holidays or just down to the shops, our roads are an essential part of most of our lives. As a road user, you have a responsibility to drive within the road rules and in a manner that's safe for all of its users.

Poor driving practices, delays, or just general traffic can cause frustration and lead to aggressive behaviour whilst you or others are trying to get to your destination. This can lead to accidents, aggressive or predatory driving or even violent conflict by road users.

Here are some simple steps **we all** can take to help protect ourselves from conflict on the roadways.

## **Protect yourself for the road**

- **ALWAYS** plan and allow yourself plenty of time to get where you are going.
- ENSURE your vehicle is properly maintained and has an adequate amount of fuel for your drive.
- **NEVER** drive whilst you are overly fatigued. Allow yourself sufficient rest before and during any journey. Don't trust your tired self.

## **Protect others on the road**

- **NEVER** allow yourself to be distracted whilst driving. Leave your telephone alone when you're in the car. Get Your Hand Off It.
- **ALWAYS** try to be courteous and patient. Stay within the speed limit. Drive defensively.
- **DO NOT** engage in or encourage aggressive behaviour in others.

## **Protect yourself on the road**

- ALWAYS stay in your car if confronted by another motorist. Do not take things personally.
- **NEVER** over use your horn. It is designed as an immediate warning device, not a substitute for yelling.
- **ALWAYS** report dangerous driving or aggressive motorists to the Police.

For more traffic safety advice please see <a href="http://roadsafety.transport.nsw.gov.au">http://roadsafety.transport.nsw.gov.au</a>
Or follow the Traffic and Highway Patrol Command on Facebook <a href="https://www.facebook.com/TrafficServicesNSWPF">https://www.facebook.com/TrafficServicesNSWPF</a>

For more crime prevention information visit us on www.police.nsw.gov.au









